

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

White Bear Heights Independent & Assisted Living

<p>10:30 Coffee and Socializing-CL 2:30 Movie Matinee- CR 4:00 Puzzle Club-ACT</p>	<p>10:00 Pampered Hands-MC 10:30 Coffee Hour-CL 11:30 Who am i?-CL 1:30 Tori's Precious Pets-MC 1:30 Centrex-Exercise Class-TG 2:30 Cribbage-CL 3:30 Book Club-LIB 6:00 Travel to a Different Country with Amanda-CR</p>	<p>10:00 Baking with Amanda-MC 10:30 Coffee Hour-CL 11:30 Trivia with Amanda-CL 2:00 500- CF 2:30 Movie-CR</p> <p>New Year's Day</p>	<p>10:00 MacPhail Music for Life with Joey-MC 10:30 Coffee Hour-CL 11:30 Categories Trivia-CL 1:30 Centrex-Exercise Class-TG 2:00 Euchre-CF 2:45 Hot Chocolate Social-CF 4:00 Bingo-CF 6:00 Game Night with Amanda-CF</p>	<p>9:30 Outing-Cub/Walgreens 10:30 Ecumenical Worship Service - All Are Welcome-CR 10:30 Word Search-CF 11:30 Donuts & Coffee-CR 11:30 Name that Tune-FP 1:30 Chat Pack Questions-CF 1:30 Coffee & Chat with Chaplain Erika - all are welcome- MC 2:30 Hand & Foot-CF 3:30 Fireside Chat-CF</p>	<p>10:00 Music Memories with Barbara Lee-MC 10:30 Coffee Hour-CL 11:30 Lunch outing: Acapulco- Maplewood 1:30 Centrex-Exercise Class-TG 2:00 Cooking with Amanda-MC 3:30 Happy Hour-CF 3:30 Entertainment: Wes Miller-CF 6:15 Movie Night-CR</p>	<p>10:30 Coffee and Socializing-CL 2:30 Movie Matinee- CR 4:00 Independent Card Games-CF</p>
<p>10:30 Coffee and Socializing-CL 2:30 Movie Matinee- CR 4:00 Puzzle Club-ACT</p>	<p>10:00 Pampered Hands-MC 10:30 Coffee Hour-CL 11:30 Who am i?-CL 1:30 Tori's Precious Pets-MC 1:30 Centrex-Exercise Class-TG 2:30 Cribbage-CL 3:30 Book Club-LIB 6:00 Travel to a Different Country with Amanda-CR</p>	<p>8:30 AARP Safe Driving Class-CR 10:00 Baking with Kerri-MC 10:30 Coffee Hour-CL 11:30 Trivia with Kerri-CL 1:30 MacPhail Hour-CF 2:45 500- CF 3:00 Caregiver Support Group-LIB 3:00 Ted Talk & Discussion-CR 6:15 Movie Night-CR</p>	<p>10:00 Categories-CL 10:30 Coffee Hour-CL 11:30 Modern Jeopardy Trivia-CL 1:00 Poetry with Diane Jarpenna-MC 1:30 Centrex-Exercise Class-TG 2:00 Euchre-CF 3:00 Entertainment: Amy & Adams-CF 6:00 Bingo-CF</p>	<p>9:30 Kings in the Corner-CF 10:30 Ecumenical Worship Service - All Are Welcome-CR 10:30 Crossword Puzzles-CF 11:30 Donuts & Coffee-CR 11:30 Name that Tune-FP 1:30 Outing-Cub/Walgreens 1:30 Coffee & Chat with Chaplain Erika - all are welcome- MC 2:30 Hand & Foot-CF 3:30 Resident Ambassador Meeting-LIB</p>	<p>10:00 Outing: Dollar Tree/Target 10:30 Coffee Hour-CL 11:30 Trivia with Kerri-CL 1:30 Centrex-Exercise Class-TG 2:00 Cooking with Amanda-MC 3:30 Happy Hour-CF 6:00 January Craft Night with Amanda-ACT</p>	<p>10:00 – Meditation & Breathing w/Amanda -TG 10:45 Coffee and Socializing-CL 11:30 Trivia with Amanda-FP 2:30 Movie Matinee- CR 4:00 Games with Amanda-CF</p>
<p>10:00 Games with Kerri-CL 10:30 Coffee and Socializing-CL 11:30 Trivia with Kerri-FP 2:30 Movie Matinee- CR</p>	<p>10:00 Pampered Hands-MC 10:30 Coffee Hour-CL 11:30 What am I?-CL 1:30 Centrex-Exercise Class-TG 2:15 Cribbage-CL 3:00 Entertainment: Robert Bozaich-CF 6:00 Gratitude Journals-LIB</p>	<p>10:00 Living Roots Art-MC 10:30 Coffee Hour-CL 10:30 Catholic Communion-LIB 11:30 Trivia with Kerri-CL 1:30 Resident Council-CL 2:45 500-CF 3:30 Amateur Hour with Venzel-CF 6:15 Movie Night-CR</p>	<p>10:00 MacPhail Music for Life with Joey-MC 10:30 Coffee Hour-CL 11:30 Random Trivia-CL 1:30 Centrex-Exercise Class-TG 2:00 Euchre-CF 2:45 Hot Chocolate Social-CF 4:00 Bingo-CF 6:00 Ladies' Night-PR</p>	<p>9:30 Outing-Cub/Walgreens 10:30 Ecumenical Worship Service - All Are Welcome-CR 10:30 Word Search-CF 11:30 Donuts & Coffee-CR 11:30 Name that Tune-FP 1:30 Coffee & Chat with Chaplain Erika - all are welcome- MC 2:00 Vow Renewal Ceremony with music by Jodi Richert-DR</p>	<p>10:00 Baking with Amanda-MC 10:30 Coffee Hour-CL 11:30 Lunch outing: Orchid Restaurant 1:30 Centrex-Exercise Class-TG 2:00 Cooking with Amanda-MC 3:30 Happy Hour-CF</p>	<p>10:45 Coffee and Socializing-CL 11:30 Trivia with Amanda-FP 2:30 Movie Matinee- CR 4:00 Independent Card Games-CF</p>
<p>10:00 Bible Study/Devotions with Amanda-LIB 11:00 – Meditation & Breathing w/Amanda-TG 2:30 Movie Matinee- CR 4:00 Scrabble-GR</p>	<p>10:00 Pampered Hands-MC 10:30 Coffee Hour-CL 11:30 Who am i?-CL 1:30 Centrex-Exercise Class-TG 2:15 Cribbage-CL 3:30 Book Club-LIB 6:00 Men's Group-PR</p> <p>Martin Luther King Day Tu B'Shevat</p>	<p>10:00 MacPhail Hour-MC 10:30 Coffee Hour-CL 1:30 MacPhail Hour-CF 2:45 500- CF 3:00 Ted Talk & Discussion-CR 6:15 Movie Night-CR</p>	<p>10:00 Baking with Kerri-MC 10:30 Coffee Hour-CL 11:30 Jeopardy Trivia-CL 1:30 Centrex-Exercise Class-TG 2:00 Euchre-CF 3:00 Entertainment: Monroe Wright-CF 4:00 Bingo-DR 6:00 Learn to play Canasta-CF</p>	<p>9:30 Kings in the Corner-CF 10:30 Ecumenical Worship Service - All Are Welcome-CR 10:30 Crossword Puzzles-CF 11:30 Donuts & Coffee-CR 11:30 Name that Tune-FP 1:30 Outing-Cub/Walgreens 1:30 Coffee & Chat with Chaplain Erika - all are welcome- MC 2:30 Hand & Foot-CF 3:30 Fireside Chat-CF</p>	<p>10:00 Outing: Shopping at the Rosedale Center 10:30 Coffee Hour-CL 11:30 Trivia with Kerri-CL 1:30 Centrex-Exercise Class-TG 2:00 Cooking with Amanda-MC 3:30 Happy Hour/Celebration for Activities Professional Week-CF 6:00 January Craft Night with Amanda-ACT</p>	<p>10:30 Coffee and Socializing-CL 2:30 Movie Matinee- CR 4:00 Independent Card Games-CF</p>
<p>10:00 Bible Study/Devotions with Amanda-LIB 11:00 – Meditation & Breathing w/Amanda-TG 2:30 Movie Matinee- CR 4:00 Scrabble-GR</p>	<p>10:00 Outing: Brunch at Keys White Bear Lake 10:30 Coffee Hour-CL 11:30 What am I?-CL 1:30 Centrex-Exercise Class-TG 2:15 Cribbage-CL 3:30 Welcome to the Community Party-CF 6:00 Gratitude Journals-LIB</p> <p>Australia Day (observed)</p>	<p>10:00 Baking with Kerri-MC 10:30 Coffee Hour-CL 11:30 Trivia with Kerri-CL 1:45 500-CF 3:00 January Birthday Party-CF 3:00 Entertainment: Patrick Allen-CF 6:15 Movie Night-CR</p>	<p>10:00 MacPhail Music for Life with Joey-MC 10:30 Coffee Hour-CL 11:30 More Jeopardy Trivia-CL 1:30 Centrex-Exercise Class-TG 2:00 Euchre-CF 2:45 Hot Chocolate Social-CF 4:00 Bingo-CF 6:00 Women's Group: Making February Centerpieces-CL</p>	<p>9:30 Outing-Cub/Walgreens 10:30 Ecumenical Worship Service - All Are Welcome-CR 10:30 Word Search-CF 11:30 Donuts & Coffee-CR 11:30 Name that Tune-FP 1:30 Coffee & Chat with Chaplain Erika - all are welcome- MC 2:00 Parkinson Support Group-PR 2:30 Hand & Foot-CF 3:30 Resident Ambassador Meeting-LIB</p>	<p>Room Key: 1st floor- CF=Café DR= Dining Room ML= Main Lobby CL= Club Lounge LIB= Library PD= Private Dining Room FP=First Floor Porch 2nd floor-GR= Game Room PR= Party Room 3rd floor-ACT= Activity Room Lower Level-CR= Community Room TG= Therapy Gym MC= Memory Care</p>	